



**BETTER 360**

## Results and Reflection

The following reflection questions will help you to get a comprehensive picture of your BETTER360 results. To help you generating an overall perspective that will support you in establishing meaningful action steps, you might find it helpful to complete the Results Mindmap first before answering the questions.

### **FOCUSING ON YOUR CURRENT ROLE**

**Which roles and competencies are my strengths?**

**Which roles and competencies are my development areas?**

**How is my self-perception? Do I rather over- or underestimate my abilities?**

**What has turned out as expected?**

**What is surprising?**

**Are there any repeating patterns?**

**Which results are most important for my effectiveness in my current role/position?**

**What skills/competencies are the most important to be improved? Short term? Long term?**

**What issues or results do I want to discuss with my coach or get more information on?**



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### FOCUSING ON THE FUTURE

**What are my current professional and career development goals?**

**Which results of the report are most important for me to reach my professional goals and foster my career development?**

**Which of my strengths could I leverage to get there?**

**Who else needs to be involved?**

**Further ideas / thoughts / notes:**